crystal musings

Soul Star Chakra



Color

Clear, White, Gold

Mantra/Affirmation

I am divine light. I am love. I am will. I am the soul.

Essential Oil Recommendation

Frankincense, Elemi, Myrrh, Angelica, Copaiba

Crystals

Danburite, Herkimer Diamond, Golden Healer Quartz, Phenacite, Petalite

Emotional/Spiritual

When in balance you feel connected to your higher self, feel contentment, and you understand your soul purpose and lessons in this life time.

When out of balance you may feel confused, aloof, spaced out, and may have mental fatigue, depression, or paranoia. You have an inability to resolve life lessons.